



Digital Peer Support

A summary of early guidance on virtual peer support notes organizations with compiled lists of free, social-online links with include, but are not limited to (reference below):

The Grayken Center for Addiction at the Boston Medical Center

- **COVID-19 Recovery Resources**
<https://www.bmc.org/addiction/covid-19-recovery-resources>

The American Society of Addiction Medicine

- **Caring for Patients During the Covid-19 Pandemic**
https://sitefinitystorage.blob.core.windows.net/sitefinity-production-blobs/docs/default-source/guidelines/covid-19/3-tf_promoting-support-group-attendance_updated-11132020.pdf?sfvrsn=109659c2_2
- **Promoting Support Group Attendance**
<https://www.asam.org/quality-care/clinical-recommendations/covid/promoting-support-group-attendance>

The National Institute on Drug Abuse

- **Resources to Help Your Patients with SUD During the COVID-19 Pandemic**
<https://nida.nih.gov/nidamed-medical-health-professionals/resources-to-help-your-patients-sud-during-covid-19-pandemic>

Google

- **Google's Recover Together**
<https://recoverttogether.withgoogle.com/>

The Recovery Research Institute

- **Digital Recovery Support: Online and Mobile Resources**
<https://www.recoveryanswers.org/media/digital-recovery-support-online-and-mobile-resources/>

Reference:

Bergman BG, Kelly JF. Online digital recovery support services: An overview of the science and their potential to help individuals with substance use disorder during COVID-19 and beyond. *J Subst Abuse Treat.* 2021 Jan;120:108152. DOI: [10.1016/j.jsat.2020.108152](https://doi.org/10.1016/j.jsat.2020.108152)

[Link](#)

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