Managing Symptoms During Benzodiazepine Tapering

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Resources

1. **ASAM Benzodiazepine Tapering Webinar Series**
   Website: https://elearning.asam.org/benzodiazepine-guidelines-webinars

2. **The International Directory of CBT-I Providers**
   Website: CBT-I International Directory

3. **The Joint Clinical Practice Guideline on Benzodiazepine Tapering**
   Website: https://www.asam.org/quality-care/clinical-guidelines/benzodiazepine-tapering