WHAT IS AUD?
AUD is a chronic medical condition characterized by impaired control over alcohol consumption, leading to adverse health, social, and economic consequences.

DID YOU KNOW?
29.5 MILLION PEOPLE aged 12 and older in the U.S. had an AUD in 2021.

BUT...
ONLY 0.9 PERCENT received medication for their alcohol use.

ON THE RISE
Increased binge drinking in women in the last 25 years.

WHAT CAN PROVIDERS DO?
Integrate the NIAAA (National Institute on Alcohol Abuse and Alcoholism) Single Item Screener into routine healthcare visits.

SCREEN EARLY
Ask males: "How many times in the past year have you had five or more drinks in a day?"
Ask females: "How many times in the past year have you had four or more drinks in a day?"

PRESCRIBE MEDICATION
Research supports FDA-approved medications as first-line treatments for AUD: Naltrexone (oral and intramuscular), Acamprosate, and Disulfiram.

OFF-label medications with strong evidence in treating AUD include topiramate and gabapentin.

Medication for AUD show reduced alcohol consumption, better treatment retention, lower risk of alcohol-related complications, and abstinence.

REFERENCES